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## ABSTRACT OF THE DISCLOSURE

5           The tiltable-body apparatus including a frame member, a tiltable  
body, and a pair of torsion springs having a twisting longitudinal axis.  
The torsion springs are disposed along the twisting longitudinal axis  
oppositely with the tiltable body being interposed, support the tiltable  
body flexibly and rotatably about the twisting longitudinal axis relative  
10 to the frame member, and include a plurality of planar portions, compliant  
directions of which intersect each other when viewed along a direction of  
the twisting longitudinal axis. A center of gravity of the tiltable body  
is positioned on the twisting longitudinal axis of the torsion springs.